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English translation of the Food Prayer

Oh Lord, Thou art the food, Thou art the enjoyer of the food, Thou art the giver and preparer of the food

Along with the inward and outward breaths You are the digestive fire that digests all types of food We offer to You, all that we consume

English translation of the Food Prayer

Oh Lord, Thou art the food, Thou art the enjoyer of the food, Thou art the giver and preparer of the food

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